




# 2024 May

 **Centre Name:** AACC Bukit Batok West  
 **Centre Address:** Blk 439 Bukit Batok West Ave 8 #02-01 (S) 650439  
 **Centre Contact:** 69705829 / 81632705



MON	TUE	WED	THU	FRI	SAT
		1	2	3	4
		<b>Labour Day (Public Holiday)</b>	Tai Chi/Qigong @8.30am-9.30am	Fun with Razak @10am-10.45am	Chinese Calligraphy @9.15am-10.30am
			Fun with Razak @10am-10.45am	Line Dance @10am-11am	
			Rolling Good Times @10am-11.30am	Rummy O @12pm-2pm	
			Ukulele Jamming@12pm-1.15pm	Recycle Art @1.30pm-3pm	
				Singing Class @2pm-4pm	
6	7	8	9	10	11
Fun with Razak @10am-10.45am	Fun with Razak @10am-10.45am	NUHS CHP @9am-12pm	Tai Chi/Qigong @8.30am-9.30am	Fun with Razak @10am-10.45am	
Ukulele @12pm-1pm	English Conversation @10am-11am	Nagomi Art @9.30am-10.30am	Fun with Razak @10am-10.45am	Line Dance @10am-11am	
Crochet @10am-12pm	Malay Language Class @11am-12pm	Fun with Razak @10am-10.45am	Rolling Good Times @10am-11.30am	Rummy O @12pm-2pm	
Chinese Dance @1.30pm-3pm	Patchwork @1.30pm-4pm	Haircut @10am-1pm	Ukulele Jamming@12pm-1.15pm	Recycle Art @1.30pm-3pm	
May Celebration @2pm-4pm	Diabetes Talk @2pm-4pm	Square Stepping @10am-11am		Singing Class @2pm-4pm	
Tea Dance @3pm-5pm	Chinese Orchestra (RV) @2pm-5pm	Yoga-lates @2pm-3pm			
	Steel Combat (Men Only) @3.30pm-4.30pm				
13	14	15	16	17	18
Fun with Razak @10am-10.45am	Fun with Razak @10am-10.45am	NUHS CHP @9am-12pm	Tai Chi/Qigong @8.30am-9.30am	Yakult Factory Tour @9am-1pm	Chinese Calligraphy @9.15am-10.30am
Ukulele @12pm-1pm	English Conversation @10am-11am	Nagomi Art @9.30am-10.30am	Fun with MFS (Taiji) @9.30am-10.30am	<b>Centre Closed (Internal Event)</b>	
Crochet @10am-12pm	Malay Language Class @11am-12pm	Fun with Razak @10am-10.45am	Fun with Razak @10am-10.45am		
Karaoke @1.30pm-3pm	Patchwork @1.30pm-4pm	Square Stepping @10am-11am	Rolling Good Times @10am-11.30am		
Chinese Dance @1.30pm-3pm	Fun with Hua Yi @11.30am-12.30pm	Fun with Hua Yi @11.30am-12.30pm	Ukulele Jamming@12pm-1.15pm		
	Steel Combat (Men Only) @3.30pm-4.30pm	Yoga-lates @2pm-3pm			
20	21	22	23	24	25
Fun with Razak @10am-10.45am	Fun with Razak @10am-10.45am	<b>Vesak Day (Public Holiday)</b>	Tai Chi/Qigong @8.30am-9.30am	Fun with Razak @10am-10.45am	
Ukulele @12pm-1pm	English Conversation @10am-11am		Fun with Razak @10am-10.45am	Line Dance @10am-11am	
Crochet @10am-12pm	Malay Language Class @11am-12pm		Rolling Good Times @10am-11.30am	Rummy O @12pm-2pm	
Karaoke @1.30pm-3pm	Patchwork @1.30pm-4pm		Ukulele Jamming@12pm-1.15pm	Recycle Art @1.30pm-3pm	
Chinese Dance @1.30pm-3pm	Steel Combat (Men Only) @3.30pm-4.30pm			Singing Class @2pm-4pm	
Fun with Hwa Chong @3pm-5pm					
27	28	29	30	31	
Fun with Razak @10am-10.45am	Fun with Razak @10am-10.45am	NUHS CHP @9am-12pm	Tai Chi/Qigong @8.30am-9.30am	Fun with Razak @10am-10.45am	
Ukulele @12pm-1pm	English Conversation @10am-11am	Nagomi Art @9.30am-10.30am	Fun with Razak @10am-10.45am	Line Dance @10am-11am	
Crochet @10am-12pm	Malay Language Class @11am-12pm	Fun with Razak @10am-10.45am	Rolling Good Times @10am-11.30am	Rummy O @12pm-2pm	
Chinese Dance @1.30pm-3pm	Patchwork @1.30pm-4pm	Square Stepping @10am-11am	Ukulele Jamming@12pm-1.15pm	Recycle Art @1.30pm-3pm	
	Steel Combat (Men Only) @3.30pm-4.30pm	Yoga-lates @2pm-3pm		Singing Class @2pm-4pm	
<b>Requires Registration</b>					

# 2024 May

MON

TUE

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FRI

SAT

		1	2	3	4
		<b>劳动节 (公共假日)</b>	太极 & 气功 @8.30am-9.30am	Fun with Razak @10am-10.45am	书法 @9.15am-10.30am
			Fun with Razak @10am-10.45am	排舞 @10am-11am	
			Rolling Good Times @10am-11.30am	Rummy O @12pm-2pm	
			Ukulele Jamming@12pm-1.15pm	回收艺术 @1.30pm-3pm	
				歌唱班 @2pm-4pm	
6	7	8	9	10	11
Fun with Razak @10am-10.45am	Fun with Razak @10am-10.45am	国大医学组保健站 @9am-12pm	太极 & 气功 @8.30am-9.30am	Fun with Razak @10am-10.45am	
Ukulele @12pm-1pm	英语对话 @10am-11am	日本和谐粉彩艺术 @9.30am-10.30am	Fun with Razak @10am-10.45am	排舞 @10am-11am	
钩针编织 @10am-12pm	马来语班 @11am-12pm	Fun with Razak @10am-10.45am	Rolling Good Times @10am-11.30am	Rummy O @12pm-2pm	
华族舞 @1.30pm-3pm	Patchwork(补缀品) @1.30pm-4pm	剪头发 @10am-1pm	Ukulele Jamming@12pm-1.15pm	回收艺术 @1.30pm-3pm	
五月庆生会@2pm-4pm	健康讲座(糖尿病) @2pm-4pm	方形踏步 @10am-11am		歌唱班 @2pm-4pm	
茶舞 @3pm-5pm	华乐(立华) @2pm-5pm	瑜伽提斯 @2pm-3pm			
	钢铁拳击(仅限男士) @3.30pm-4.30pm				
13	14	15	16	17	18
Fun with Razak @10am-10.45am	Fun with Razak @10am-10.45am	国大医学组保健站 @9am-12pm	太极 & 气功 @8.30am-9.30am	养乐多工厂之旅 @9am-1pm	书法 @9.15am-10.30am
Ukulele @12pm-1pm	英语对话 @10am-11am	日本和谐粉彩艺术 @9.30am-10.30am	与MFS同乐 @9.30am-10.30am	<b>中心休业 (内部活动)</b>	
钩针编织 @10am-12pm	马来语班 @11am-12pm	Fun with Razak @10am-10.45am	Fun with Razak @10am-10.45am		
Karaoke @1.30pm-3pm	Patchwork(补缀品) @1.30pm-4pm	方形踏步 @10am-11am	Rolling Good Times @10am-11.30am		
华族舞 @1.30pm-3pm	与华义同乐 @11.30am-12.30pm	与华义同乐 @11.30am-12.30pm	Ukulele Jamming@12pm-1.15pm		
	钢铁拳击(仅限男士) @3.30pm-4.30pm	瑜伽提斯 @2pm-3pm			
20	21	22	23	24	25
Fun with Razak @10am-10.45am	Fun with Razak @10am-10.45am	<b>卫塞节 (公共假日)</b>	太极 & 气功 @8.30am-9.30am	Fun with Razak @10am-10.45am	
Ukulele @12pm-1pm	英语对话 @10am-11am		Fun with Razak @10am-10.45am	排舞 @10am-11am	
钩针编织 @10am-12pm	马来语班 @11am-12pm		Rolling Good Times @10am-11.30am	Rummy O @12pm-2pm	
Karaoke @1.30pm-3pm	Patchwork(补缀品) @1.30pm-4pm		Ukulele Jamming@12pm-1.15pm	回收艺术 @1.30pm-3pm	
华族舞 @1.30pm-3pm	钢铁拳击(仅限男士) @3.30pm-4.30pm			歌唱班 @2pm-4pm	
与华中同乐 @3pm-5pm					
27	28	29	30	31	
Fun with Razak @10am-10.45am	Fun with Razak @10am-10.45am	国大医学组保健站 @9am-12pm	太极 & 气功 @8.30am-9.30am	Fun with Razak @10am-10.45am	
Ukulele @12pm-1pm	英语对话 @10am-11am	日本和谐粉彩艺术 @9.30am-10.30am	Fun with Razak @10am-10.45am	排舞 @10am-11am	
钩针编织 @10am-12pm	马来语班 @11am-12pm	Fun with Razak @10am-10.45am	Rolling Good Times @10am-11.30am	Rummy O @12pm-2pm	
Karaoke @1.30pm-3pm	Patchwork(补缀品) @1.30pm-4pm	方形踏步 @10am-11am	Ukulele Jamming@12pm-1.15pm	回收艺术 @1.30pm-3pm	
华族舞 @1.30pm-3pm	钢铁拳击(仅限男士) @3.30pm-4.30pm	瑜伽提斯 @2pm-3pm		歌唱班 @2pm-4pm	
Requires Registration					