U Health

Client

Name:

NRIC: or affix label here

STRICTLY CONFIDENTIAL

Cluster Support Referral Form

Email: clustersupport@ntuchealth.sg Tel: 86128302

I, ______ (name) of ______ (organisation) have requested for and received consent from the patient/client to refer him/her to you for case management services.

I also agree and undertake to:

- notify NTUC Health if he/she withdraws his/her consent to the use and disclosure of his/her Personal Data for this purpose;
- assist NTUC Health promptly with all access requests and complaints which may be received from individuals regarding the use of their personal data by the Company;

SECTION 1: SENDING PARTY INFORMATION			
ORGANISATION NAME / DEPARTMENT			
STAFF NAME / DESIGNATION	TEL / FAX		
DATE OF REFERRAL	EMAIL		
Please complete all relevant sections and scan a copy of the referral form to the corresponding email as provided above Where applicable, please attach the following documents: (a) medical discharge			

summary, (b) PT/OT report and (c) social report.

SECTION 2: DETAILS OF CLIENT					
Date of Birth (dd/mm/yyyy)	Age	Gender Male Female		Race: Chinese Malay Indian Others	
Current address of residence Postal Code				Postal Code	
Home Contact:	Mobile:		Citizenship: Singaporean Singapore PR		e PR
Preferred language English Mandarin Malay Tamil Dialect, Specify(e.g. Hokkien, Cantonese, etc.)					



SECTION 3: BRIEF REPORT OF CLIENT			
Social Background			
Functional status			
Social Criteria Assessment			
Recommendatio n			

Admissions criteria: All three criteria must be met:

- 1. Singapore Citizen or Singapore PR, aged 60 years and over;
- 2. Lives alone / with an incompetent caregiver; and
- 3. Fulfils at least one of the following:

Requires assistance in at least one ADL or IADL; issues relating to self-neglect/self-care, medicine compliance, or emotional support; or

Exhibits signs or diagnosed with depression / dementia; or

Has complex needs requiring case management



Guidelines to Social Service Agencies, Hospitals, Grassroots Leaders

- i. *Referring agencies will be asked to call the Cluster Support (CS) to discuss if they wish to refer cases that fall slightly out of the criterion.
- ii. **Seniors exhibiting symptoms of depression or dementia who require intensive monitoring may be referred to the CS for consideration.
- iii. Incompetent caregiver is defined as one who is unable to take care of the senior due to mental or physical frailty.
- iv. A senior is deemed to have complex needs when he/she requires at least two types of social (e.g. Home Help) or healthcare (e.g. Home Medical) services.
- v. If a client who fits the above criteria has estranged caregivers, the CS will refer him to the FSC to work on family relationship issues, if there is potential for reconciliation. However, the CS will remain the main case manager and work on the client's self-care issues. This is because self care remains the main presenting problem and even if family reconciliation is successful, the client may need the CS's continued case management depending on the level of practical family support.
- vi. Client information is to be shared between the referring agency and CS if there is comanagement of a case. Each agency is to safeguard confidentiality of information and seek the consent of the client.