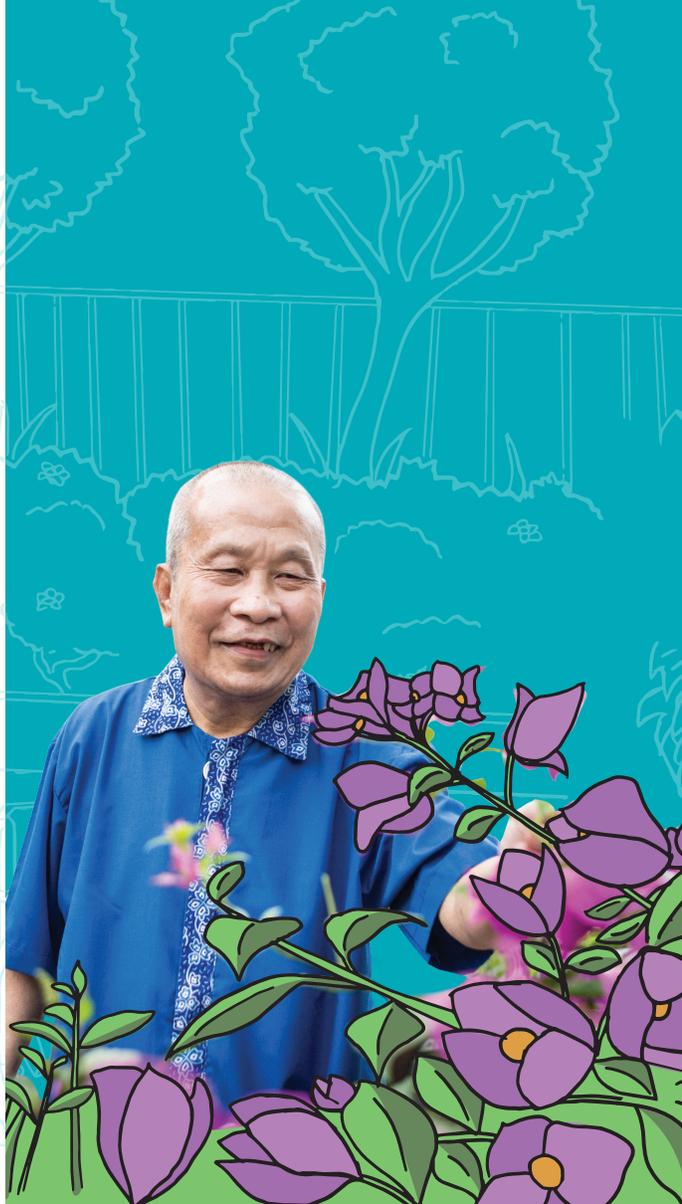




Volunteer

Brighten Someone's Day!



“ There can be no greater gift than that of giving one’s time and energy to help others without expecting anything in return. ”

- Nelson Mandela

Partner us as a volunteer to engage, empower and enrich the lives of seniors in our community.



Impact Lives as a Volunteer

If you've been looking for a way to give back, and love being with older folks as much as we do, why not volunteer with us?

We welcome all who wish to help to bring joy and warmth to the seniors in our community.

Share Your Support for Our Seniors

We love our volunteers!

By sharing your time, skills and knowledge, you can make the lives of seniors better by brightening their day, and encouraging them to retain their passion for life.



Volunteer Roles at A Glance

Befriender



A great option for individuals who intend to volunteer on a regular basis.



Extend a helping hand to vulnerable seniors and bond with them through regular companionship.

Activity Coordinator



If you enjoy organising activities or have a specialised skill or interest, this is for you.



Share your talent by conducting activities like karaoke, art and craft and exercise sessions for seniors, and help to create enjoyable social interactions within their community.

We will match volunteering requests to suitable beneficiaries and reserve the right to decline volunteering requests in the event of unforeseeable circumstances or if there is a mismatch of objectives.

Outing Coordinator



Delight seniors by planning and executing social outings and events for them.



You will be tasked with keeping seniors safe and engaged, as well as facilitating transport for them from their homes or centres.

Medical Escort



Accompany seniors for visits to the doctor, and help to explain medication instructions.



Training will be provided for this role.

Hairdresser



Put your hairdressing skills to good use, help seniors maintain their dignity by grooming them to look and feel good about themselves.

How Do I Start?

1. Choose a programme or a volunteer role that appeals to you
2. Sign up through our website, email or hotline



T: +65 6590 4414

E: volunteer@ntuhealth.sg

W: ntuhealth.sg/volunteer/

“ *I am very happy to be a volunteer with NTUC Health. I am very satisfied when I see the smiles on the seniors' faces and it is very meaningful that I can use my skills to give back to the community.* ”

- Ms Linda Chin,
Volunteer Hairstylist

About NTUC Health

NTUC Health Co-operative Limited (NTUC Health) is an NTUC social enterprise that provides a comprehensive and integrated suite of quality and affordable health and eldercare services to meet the growing needs of families and their dependents. Building on more than four decades of experience and expertise, NTUC Health is among the largest senior day care, nursing home and home personal care providers in Singapore. We also offer other services for seniors such as active ageing programmes at our active ageing hubs and senior activity centres, community support for vulnerable seniors, and a sheltered / senior group home. In addition, we run a chain of dental clinics, and a family medicine clinic.

We also aim to enable 'Ageless Seniors' by supporting every senior to maintain a youthful enthusiasm for life, and to embrace their potential to make a difference to our community.



SERVICES

Senior Day Care | Home Care | Nursing Home | Active Ageing
Rehabilitation and Physiotherapy | Family Medicine | Dental

COMMUNITY SUPPORT

Senior Activity Centres | Community Care | Henderson Home

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Updated as at 7 February 2022

